CIRCLE OF LIFE - 7 areas of a fulfilled life

In the space provided, write down the vision you hold for yourself for each area

| CONTRIBUTI SPIRITUAL HEALTH SOCIAL & FAMILY (Relationships) | PHYSICAL HEALTH MENTAL HEALTH | |
|---|--------------------------------|--|
| VOCATION (Work) | FINANCIAL HEALTH | |

"Don't wait for your feelings to change to take action.

TAKE THE ACTION and your feelings will change."